

## THE TIMES DAILY MAGAZINE PAGE

## Delicious Table Sirup Can Be Made of Watermelons; Sweet and Well Flavored

It Will Serve Most Purposes For Which Sirup is Used In the Home—Results In Making Cake, Candy, and Ice Cream Satisfactory.

**DELICIOUS** table sirup can be made from watermelons and afforded to the farmer, according to the fruit juice specialists of the United States Department of Agriculture, a convenient means of using the surplus watermelons which otherwise are allowed to spoil in the field. Such sirup has been made by farmers in a small way in various parts of the South, and the Department endeavored to work out exact methods of making it as a possible by-product from surplus melons. This sirup can be used immediately or can be bottled hot in sterilized jars and kept just as is done in the canning of fruit. It is reddish brown in color, very sweet and well flavored and will serve most of the purposes for which sirup is used in the home. It has been tried with satisfactory results in making ginger cake, homemade candy and as a sweetening and flavoring in ice cream.

## How To Make It.

As the specialists point out, while the juice of commercial watermelons such as the "Tom Watson" contain on an average only about 7 per cent of sugar, or less than many other fruit juices, the ease with which the juice can be pressed out partly offsets the low sugar content. The method described below calls only for utensils found in every household.

Remove the pink flesh and seeds from the rind of sweet, fully ripe melons. Crush the flesh with a potato masher or by running it through a meat chopper. Place the crushed pulp and seed in cloth bags and squeeze out the juice, which flows readily. About five-sixths of the pulp will squeeze out as juice. About thirteen gallons of the juice will make one gallon of sirup.

This amount of juice can ordinarily be secured from ten watermelons weighing from twenty-two to twenty-five pounds each.

## Juice Boiled Down.

The juice is then boiled down into a sirup in an ordinary preserving kettle. The juice boils without much foaming until it begins to thicken, when the fire should be slackened to prevent foaming and burning. The red coloring matter in the juice coagulates during boiling and part of it rises to the surface where it can be removed by skimming. The remainder floats about in the juice, forming red particles which gather near the top. Toward the last of the boiling the sirup must be watched constantly. If the housewife has a candy thermometer she should take the sirup from the fire as soon as it reaches a temperature of 220 degree Fahrenheit, otherwise she should let it cook until a small sample on cooling is about as thick as maple sirup.

## To Remove Coloring Matter.

When the boiling has finished, the sirup can be set aside to cool in covered vessels or can be poured while hot into and sealed in cans or glass containers.

Where a cider press is available the melons can be cut into pieces and arranged on the press so that the pressure will extract the juice of the pulp before it presses the rind. The juice of the rind is not so rich in sugar, and experiments with rind juice alone indicate that it is not suitable for sirup.

If it is desired to make sirup free from red particles, start the sirup boiling and when some of the coagulated matter has been removed by skimming, transfer the juice to tall glass jars or other tall containers and allow it to settle and cool for a few hours. This allows the red particles to settle to the bottom. The upper part of the juice can then be poured off and boiled into sirup.

## ADVICE TO GIRLS

By Annie Laurie

Dear Annie Laurie—I am a young girl of eighteen and am very much in love with a young man several years my senior. He visits me quite often and all the while talks of another girl that he claims to love very much, but says he will not marry her.

Evenings when he is here it seems that my sister makes it a point to stay up late with us and we do not get a chance to talk over anything at all. I think that is why we do not understand each other any more than we do. I have hinted that she should leave, but I do not like to ask her to go from the place where we happen to be.

I could never learn to love anyone as I love him. Can you tell me from this whether you think I am wasting my affection on him? I cannot see why he goes to see the other girl if he has a girl like me. I am sure that he never would marry the girl.

For all you know, your sister

may be in love with the man herself. At any rate, don't worry yourself over the man any more.

Dear Miss Laurie—Will you please be so kind as to publish once more the stamp language?

The stamp language is as follows: Upside down on left corner—I love you.

In left corner, crosswise—My heart is another's.

Straight up and down—Good-by.

Upside down on right corner—Write me more.

In middle of top—Yes.

In middle of bottom—No.

In right-hand corner at right angles—Do you love me?

In left-hand corner at right angles—I hate you.

Top corner at right—I wish your friendship.

On line with surname—Accept my love.

Same, upside down—I am engaged.

Same, at right angles—I long to see you.

Dear Annie Laurie—While I was in a small town out West visiting some relatives of mine, I was introduced to a young man who was visiting in the same town. He came to see me several times after that and we became very much attached. I liked him, too, for he was very nice. Now I find I have been deceived. He has been living with his relatives and friends. I could easily get the boy's address. Would it be right for me to tell him I will be in this town and would be pleased to see him to renew our acquaintance?

That would be the very thing for you to do—get the boy's address and write to him. It would not be a cold letter, for I am sure the boy will be glad of having the opportunity to renew his friendship with you.

Of course, under ordinary circumstances you would not be writing to him, but this is surely an occasion that justifies it.

Dear Annie Laurie: I am in love with two young men. One of them has treated me coldly for the past two months. The other insists on my marrying him. I am a hard-working girl, nineteen years old and an orphan. I might say for my country, and I have no other for the friend whom I have not seen in the past two months.

I don't see how you can be in love with two men at once. Sue. Probably one of the feelings is real love and the other is affection, pure and simple. Do you think you would be happy with the man who has asked you to marry him? Would you like to grow tired of him after you had been married a year or so, or is he the sort of a person who never seems to grow tiresome?

Do not get married just for the sake of not having to support yourself. That's a mistake too many girls make. Be sure of yourself, for once you are married you may wish you had your freedom back again.

If your first friend has treated you coldly lately, try to put him out of your mind for a while. Take some time to study the man who wants to marry you, so that you can give him an intelligent answer. Even he may not be the right man for you to marry.

## The Furnace.

All day for a wage He shoveled rage Into a furnace underground. It waxed white-hot. It made a roar—

That sent its blast Through all his being, 'till at last This rage grew all his world. And still his chains held fast.

So, from his throes, At last he rose, And, with his shovel, slew a man, past care

Ran stumbling, sobbing, raving for the air. In consequence of which they bound him in five or six of the paler tints, so they may be worn with ties of almost any color.

Bath towels grow fussier and fussier. The plain white Turkish towels are yielding their popularity to creations of crash that are a revelation of the weaver's art. Many of them look like bath-mats on a small scale and are marked with the happy owner's initials as personally as you please. They may be had for 50 cents at a 43 street store and may be found in any of the paler colors.

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## Women Voters in Monster Rally Plan to Use Vote to Get Vote



Suffragists Posting the Bill Announcing the Suffrage Rally at the Pan-Pacific Exposition.

## Universal Suffrage Sought By Enfranchised Who Are to Gather at San Francisco In September For Purpose of Planning Policy.

By FLORENCE E. YODER.

**C**AN the 4,000,000 women voters in this country weld themselves into an effective body so as to utilize the leverage they have on one-fourth of the members of the Senate and one-sixth of the members of the House who come from suffrage States, for the purpose of obtaining the constitutional amendment for universal suffrage?

No one knows just yet, but it will not be very long before they do, as with that special intention, the great suffrage rally is to be held at the San Francisco Exposition September 14, 15, and 16, under the auspices of the Congressional Union.

Washington notices of the rally yesterday, when two amateur bill posters, Miss Elizabeth Smith, and Miss Joy Young, plastered the city with huge posters in black and white, showing a woman bugler calling the forces together, and giving an announcement of the event. The Congressional Unionists have literally scattered the posters from ocean to ocean, in almost every city and town in the United States.

## Actual Voters Preferred.

Although any suffragist can attend, only the women who are actual voters will have a voice in the assembly, which is to formulate the policy for attack to be entered upon.

Mrs. John Jay White, Miss Joy Webster, Miss Alice Paul, Miss Doris Stevens, and Mrs. William Kent and her daughter are among the Washington women who will attend the rally.

That the women voters will stand together and try and make use of the power already within their grasp, in order to secure the passage of the Susan B. Anthony amendment, or something very much like it, not only from an altruistic, but from a common sense realization of the inadequacy of the State vote alone, was the statement of Miss Lucy Burns, of the Congressional Union.

"The securing of the amendment to the Constitution granting women the vote in this country will give women a national status," said Miss Burns, "and this they need."

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"One-fourth of the Senate, and one-sixth of the House of Representatives are appointed from suffrage States. This is a large proportion, at least large enough for our purposes. Certain of that leverage, the suffragists can bring about the constitutional amendment, and in order to consider ways for being

Labels For Jars and Cans. While many women carefully write out labels on pieces of paper and glue to the jelly jars, it gives a neater appearance to use a manufactured label. These are put on the market so cheaply that 25 cents buys a book of several hundred. The labels come in different sizes in perforated sheets. Some books are filled with assorted labels, others come in separate books of each kind, such as Apple Jelly, Canned Peaches, etc. It takes but a moment to put such a label on the jar. Even the most untidy housewife can give her jars the neat appearance of well-filled shelves.

## Simple Jelly Strainer.

A very simple but good jelly strainer is made of a bag of firm, unbleached muslin. With this bag comes a specially made ring which is to be put over the bag, just above the opening to the contents. Another strainer is fitted with a light stand protrudes a ring on which a bag of muslin can be slipped. As this stand is about three feet high it allows the fruit or juice to percolate through the bag from a height. A bowl can be placed under the bag as it stands on the table, and the whole device is much more efficient than the old-fashioned method of tying a bag on a broom handle, still in common use.

## A Modern Fruit Press.

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## Eyes Go Through Change When in Use in Order to Focus Objects Correctly

By DR. LEONARD KEENE HIRSHBERG.

**T**HE human mind may be thought of as a gargantuan sponge. It is an elastic, globular kingdom with innumerable exits and entrances. It has, nevertheless, two royal vestibules. One of these is the muscles and the other is the eyes. These two make mental life very rich indeed, they compensate, in a fashion, for many missing senses, which other creatures have and man lacks.

Love, Hope and Joy, fair pleasure's smiling train. Hate, Fear and Grief, the family of these mixed with art and to due bounds confined. Make and maintain the balance of the mind.

Much of these are woven into the wool and warp of life by way of the eyes. The eyes have been called "the windows of the soul," but they are much more than mere embrasures; they are, in fact, casements, and royal approaches to the intellect.

When a real thing in the universe strikes the eye the external object reflects rays which enter the eye through the outer surface of the eye, pass thence into the small "hole" or pupil, where they spread out like the light from a motion picture lantern.

A lens, however, like a glass spindle takes hold of these reflected rays of the object outside and rearranges them much as the lens does in a photographic camera. It focuses them upon the back of the eyeball or retina, just as the Kodak lens prints them upon the film or plate in the back of the camera.

**How Your Lenses Work.** If you split open the eyeball of a rat or rabbit you can observe how transparent the eyeball, its fluids, and the lens all are. There is a clear, jelly-like substance in front of the lens and more between the lens and the retina.

The eyeball of a white rat or white rabbit is almost transparent even to its walls. If a small candle is placed in a tube of blackened paper and held in front of your eye you will see mirrored on the retina the back surface—an image upside down of things around you.

Just such an inverted image of outside objects in focus is made on the photographic plate or film when the camera is used. The geometry and laws of optical glassware, lenses, convex and concave surfaces all show how the rays from the feet go upward and from the head downward—if the object imaged is a man, so that things are seen and photographed "downside up with care."

Parallel rays of light reflected from real objects in the external world enter the pupil, which widens or narrows in order to let the proper amount of light cut the non-parallel ones—pass through the "humor" or transparent jelly and strike the lens.

The lens may be thought of as two watch crystals cemented together with one butt end pointing forward and one toward the back of the eye. The lens, however, is alive. It is not dead glass. It can bulge and shrink together as your eye muscles pull or relax.

Thus its focus changes. Instead of pulling your camera in and out as you do to make your focus in the photographic apparatus, the eyeball itself lengthens and shortens a little. The lens bulges and collapses instead.

"Child welfare, pure food laws, child labor laws, and many others, which would be employed, but accentuated the 'hold-together-and-pull' policy which was the actual inspiration for the movement. She then spoke of some of the interstate exigencies which had stirred this inspiration."

Miss Burns had no suggestions to offer as to the probable means which would be employed, but accentuated the "hold-together-and-pull" policy which was the actual inspiration for the movement. She then spoke of some of the interstate exigencies which had stirred this inspiration.

"The last of one State undermine the laws of another State. Transportation facilities aid in the tangling of the great lines of interest under the special eye of the women voters. The States are not inhibitive, but on the other hand, build themselves up through the process of cooperation. One State develops its facilities along one line, at the same time developing largely upon the differing facilities of another State to supply its other wants. This cooperation must be seconded by other co-operative measures, which women are factors, but which are dead letters without universal suffrage."

People travel from one State to another, so that the problems of social welfare cannot always be settled in the State in which they are discussed. Just as there are certain rights which are State rights, and certain rights which automatically assume a national importance, such as the right of suffrage, which women are factors, but which are dead letters without universal suffrage."

"The action of the women voters in assembling for the purpose of measuring their strength and aligning their forces for concerted action is not all altruism. It is the next plausible automatic step to be taken in the course of human affairs."

**Scope Is Widened.** "Concerning the altruism which enters into the movement there is very little necessity of speaking. The gradual widening of the scope of suffrage is proof enough of the fact that women want it and need it, and that men need it, too."

"That some States have allowed women to vote while other States have not given that right over to women members of their communities seems such an unreasonable injustice that a correction of the fallacy of such a viewpoint would naturally be the cheerfully accepted duty of the enfranchised."

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## Answers to Health Questions

R. L. W. H.—Will you tell me a remedy for dandruff?

The scalp dandruff may be removed by washing the scalp either with castile soap and water or coconut oil and water. Apply the oil or soap twice a week. After thoroughly shaking rub this gently with a little brush, and see that the bristles reach the scalp instead of the hair. On account of the odor of sulphur it is advisable that it be applied at night, and be washed off in the morning. When dandruff forms crusts this must be removed and fresh sulphur applied.

C. E. B.—What can you recommend for brown spots on the neck and face? I have tried numerous bleaches without success.

These so-called "liver spots" are on the order of freckles. They are, especially in women, traceable to internal complaints. Try this several times a day on them: Glycerine, 1 ounce; violet cream, 1 ounce; ammonium chloride, 1 dram; sodium sulphate, 2 drams; borax, 2 drams; tincture of iodine, 1 dram; distilled water enough to make 1 pint.

A Reader—I have little red spots about the size of the point of a pin on the point of my tongue. What can this be? There is no abnormality in this.

## PERSONAL ADVICE.

Readers desiring a personal reply should remember:

1. To address inquiries to Dr. L. K. Hirschberg, care of The Washington Times.

2. To enclose a stamped and addressed envelope.

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